

# Step 12 Worksheets

## Service

How do you use your positive relationship with a Higher Power to make the world better for others?

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Have you reached out to a recovering addict or an addict still in pain? If so, describe the situation and how it affected you. If not, why not?

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What kind of support would you have liked to receive when you started the program? How can you use these insights to help those still suffering from addiction?

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How did you handle conflict when you were in active addiction? Has working the steps changed that? If so, how?

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Do you believe your life is now solid enough to maintain long-term recovery? If so, how can I build on this? If not, what do I need to do to get there?

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How do you plan to be of service to the fellowship and other addicts? How will you work that into your daily life?

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Do you think you are ready to be a sponsor? If so, when did you feel you were ready? If not, what do you think you need to work on to get to that stage?

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Having understood the principles of recovery, what does it mean to “practice these principles in all my affairs?”

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